

Important Information

What you have to do

Orthodontic treatment requires a lot of work on your part as well as on ours. Please do not start treatment unless you really want to and are willing to co-operate with our instructions. Treatment will only work if you wear your appliances (braces) as instructed. If you fail to do this you may do more harm to your teeth than if you have no treatment at all.

Treatment in an emergency

If you need to be seen urgently because of discomfort or breakage, please telephone in surgery hours. If an emergency arises out of hours, telephone the surgery for advice. If treatment is essential, we will do our best to see you within 24 hours.

Cleaning

You must clean your teeth and appliances regularly and thoroughly. We will show you how. Otherwise you risk tooth decay and gum disease. Eat sensibly throughout your course of treatment, and avoid sweet or sticky food, and sweetened drinks, especially between meals.

Adjustments

You must keep your regular appointments for adjustment of appliances or the treatment will not work. We may charge for missed appointments.

Breakage or loss

Take good care of your appliances to avoid breakage, as this would stop your treatment working and could damage your teeth. If an appliance breaks or is lost, get in touch with us during normal working hours to arrange for repair or replacement as soon as possible. If you lose or badly damage your appliance you may be charged for a new one.

Retention

You must complete every stage of your treatment or the teeth will not stay in the right place. After correction they must usually be held in their new positions for some time with a simple retention appliance.

Private treatment

Private orthodontic treatment cannot be provided whilst HS orthodontic treatment is taking place. If you wish to have private treatment such as provision of more cosmetic appliances, then the whole course of orthodontic treatment must be on a private basis. We will give you an estimate of the cost if you ask.

FURTHER INFORMATION

Orthodontic treatment may be difficult to understand the first time it is explained to you. Please ask us at any time if you have further questions or we can help in any way.

Please keep this document as it tells you about orthodontic treatment and what to do in an emergency

NOTES

Protrusion means teeth that are leaning forward.

Retrusion means teeth that are leaning backward.