

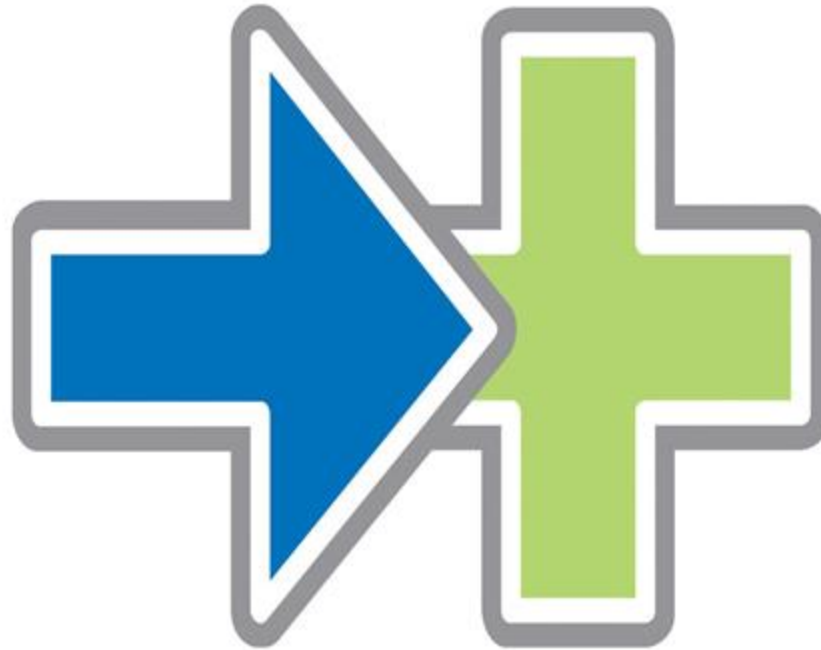


Health and Social
Care Board



Directorate of Integrated Care

Community Pharmacy Minor Ailments Service





Make sure you Choose well

...and you may be feeling better quicker.



Health and
Social Care

To find out more, visit

www.nidirect.gov.uk/choosewell



**Choose
well**

Background to Minor Ailment service

- ❖ Many GP consultations are for conditions that could potentially be self-managed.
- ❖ Research from the Proprietary Association of Great Britain (PAGB) shows that up to 40% of GP time is taken dealing with patients suffering from common conditions.
- ❖ These common conditions are often self-limiting and require little or no medical intervention
- ❖ Pharmacists are trained to deal with these common conditions: offering advice and treatment or referring patients to other healthcare professionals as appropriate.

Minor Ailments Service

Aims of Service

The aim of the service is to promote self-care and to displace activity for the treatment of minor ailments from GP practice to community pharmacy.

There are three ways in which patients can participate in the service:

- Self referral
- Referral by a pharmacist / trained pharmacy staff
- Referral by GP practice / OOHs medical centres

Minor Ailment Service

Patient eligibility

- ❖ To be eligible for the MAS patients must be over the age of three months (although older age restrictions may apply to individual treatments)
- ❖ **AND** registered with a GP practice in Northern Ireland.



Service Referrals

GP Practice staff are well placed to offer patients the option of referral to the Minor Ailments Service (MAS)

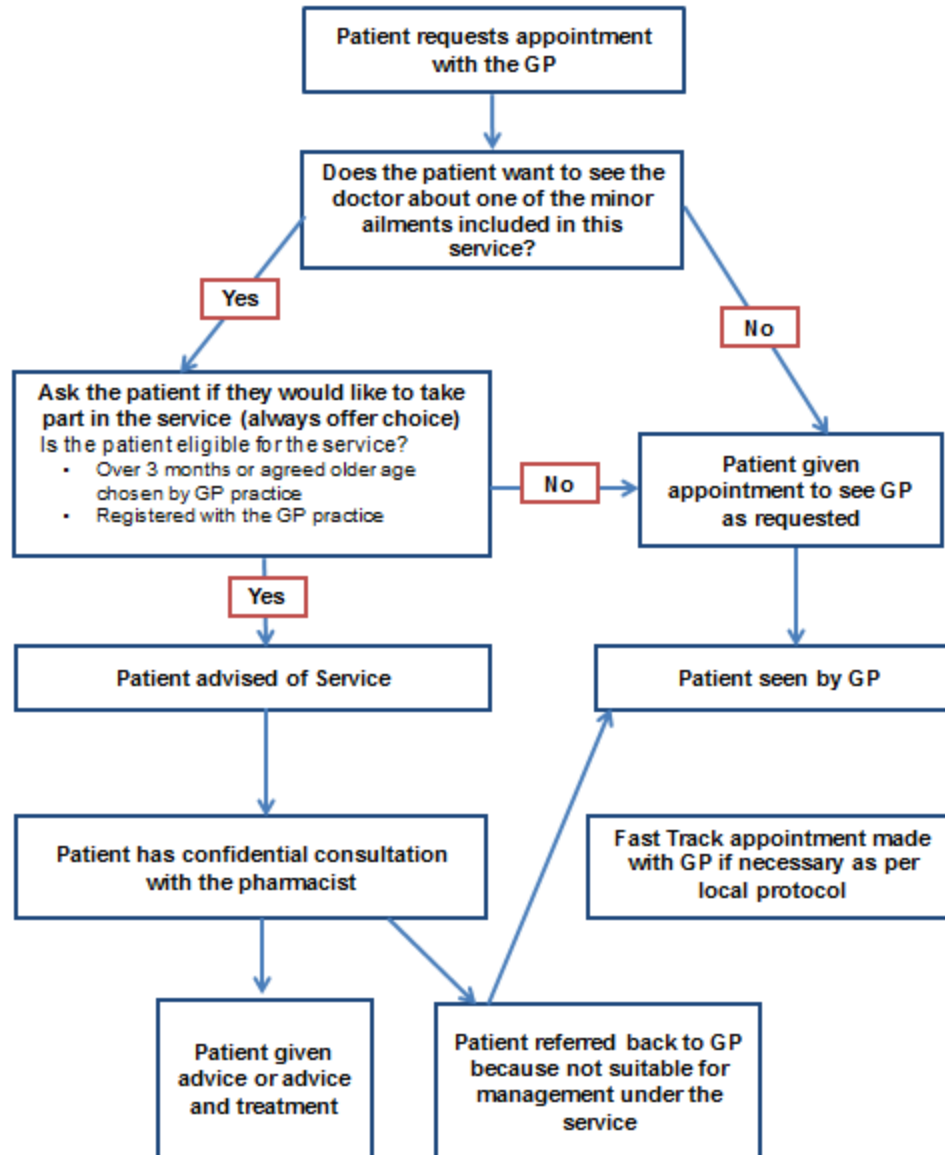
- ❑ Patients will often describe their symptoms unasked, or request a prescription for a specific condition e.g. I have a verruca, can I have something on prescription please?
- ❑ Reception staff can use their judgement to discern if the request is related to a minor ailment which is covered by the MAS and if so could offer the patient the option of going to their community pharmacy.
- ❑ During a private consultation in the pharmacy the patient will receive advice and if appropriate treatment without the need for an appointment or prescription.
- ❑ Treatment received on the MAS is free of charge
- ❑ The patient may still chose to see the doctor in which case an appointment should be made in the usual way



Service Referrals continued

Who must NOT be referred?

- ❖ Patients referred from their GP practice for a named medicine. If a GP has made a decision about the treatment a patient needs then a prescription should be issued or the patient asked to purchase OTC as appropriate
- ❖ Pharmacists may refer patients back to the GP who have been inappropriately referred.





Minor Ailments included in the MAS (1st February 2019)

Current Minor Ailment

Athlete's foot
Acute Diarrhoea
Ear wax
Groin area infection
Head lice
Mouth ulcers
Oral thrush
Threadworms
Vaginal thrush

New Minor Ailment Feb19

Acne Vulgaris
Haemorrhoids
Scabies
Verrucae

NOTE: Cold sores have been removed from the MAS from 1st February 2019

Resources available

The following resources can be accessed on the BSO website at

<http://www.hscbusiness.hscni.net/services/2055.htm>

- ❖ GP reception staff protocol
- ❖ Practice staff training presentation
- ❖ Minor Ailments Service Formulary
- ❖ Treatment algorithms for all 13 minor ailment conditions



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Transition from the current Minor Ailments Service to a new patient registration based Pharmacy First Service 19/20

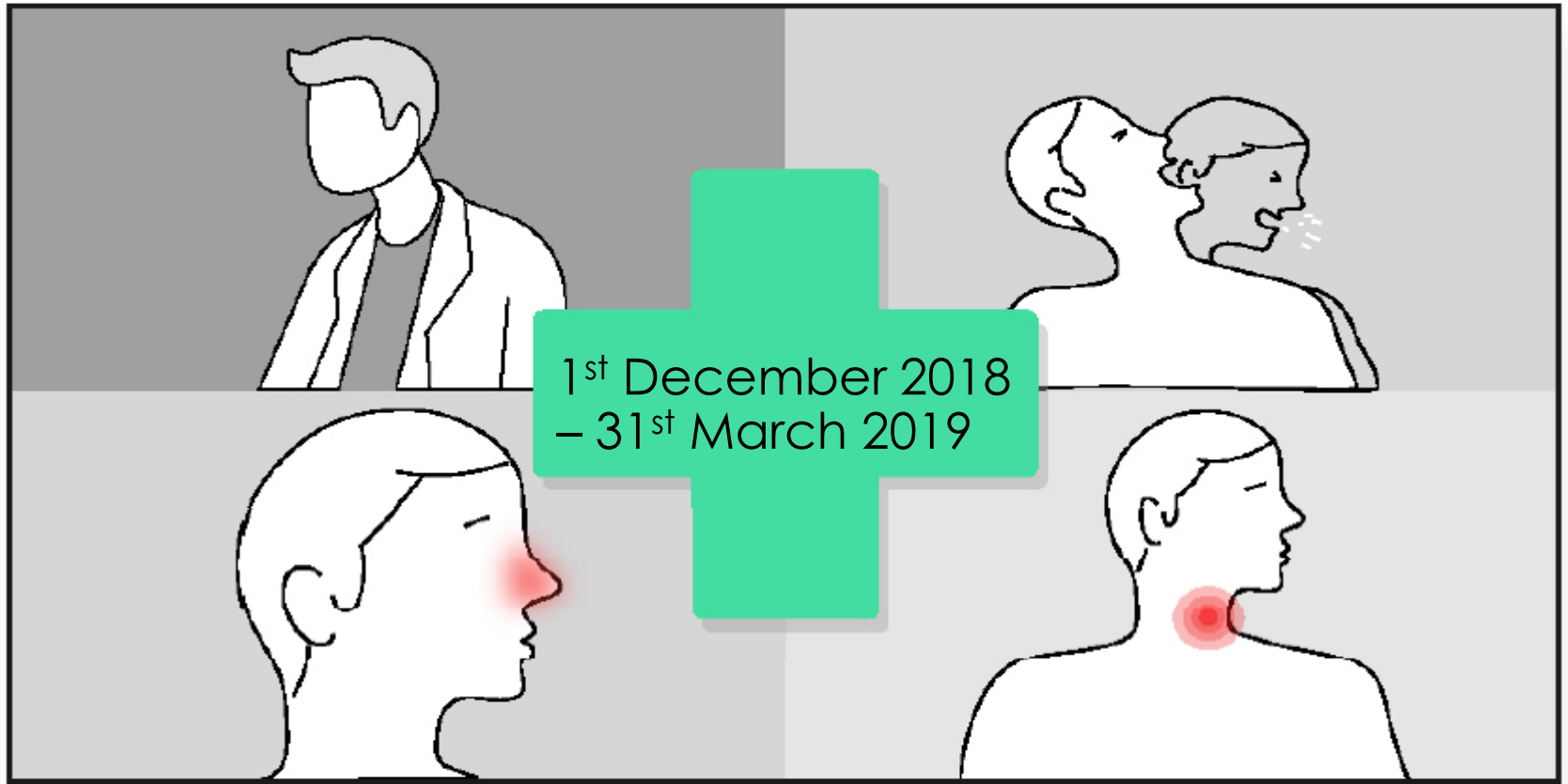


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Directorate of Integrated Care

Pharmacy First Service for Sore Throat, Colds & Flu-like Illness





Pharmacy First, patient Eligibility

The service is available to any patient registered with a GP in Northern Ireland except;

- Temporary residents
- People in care homes (Nursing or Residential)



A list of participating pharmacies is available on the BSO Website at the following link

<http://www.hscbusiness.hscni.net/services/2800.htm>

Pharmacy First Service

- ❖ The patient will have a private consultation with a pharmacist about their symptoms.
- ❖ The pharmacist will discuss symptoms with the patient and give advice and information relating to the symptoms, duration and self-care that the patient can follow to help them feel better.
- ❖ The pharmacist will determine if advice and information is suitable, if treatment is needed or if referral to the GP is necessary.



Pharmacy First Formulary

Where a pharmacist decides that an individual's symptoms are such that a supply of medicine(s) is indicated these should be selected from the agreed formulary and supplied in line with the medicines SPC

Pharmacy First Formulary

Paracetamol 120mg in 5ml sugar-free suspension x 100ml

Paracetamol 250mg in 5ml sugar-free suspension x 200ml

Paracetamol 500mg tablets x 32

Ibuprofen 100mg in 5ml sugar-free suspension x 100ml

Ibuprofen 200 mg tablets x 24

Ibuprofen 400 mg tablets x 24

Pseudoephedrine 30mg/5ml linctus x 100ml

Pseudoephedrine 60mg tablets x 12

Sodium chloride 0.9% nasal drops x 10ml

Pharmacy First Service

- ❖ Currently (dec18-Mar19) sore throats, colds and flu-like illness are the only conditions covered by Pharmacy First Service.
- ❖ Roll out of the Pharmacy First Service is anticipated during 19/20 and will cover approximately 24 minor / self-limiting conditions



Pharmacy First – proposed conditions

ACNE

BACKACHE (ACUTE)

CHICKEN POX – IN CHILDREN UNDER 14 YEARS

CHILDHOOD CONDITIONS: COLIC, NAPPY RASH TEETHING

COLD SORES

CONJUNCTIVITIS (BACTERIAL)

CONSTIPATION

DIARRHOEA

DRY SKIN

EARWAX

FUNGAL SKIN INFECTIONS: ATHLETE'S FOOT, INTERTRIGO/RINGWORM, DHOBIE/JOCK ITCH

HAEMORRHOIDS

HAY FEVER

HEADACHE AND MIGRAINE

HEAD LICE

INDIGESTION AND REFLUX

MINOR INJURIES / SPRAINS / STRAINS

MOUTH ULCERS

ORAL THRUSH

SCABIES

SORE THROAT AND TONSILLITIS

THREADWORMS

VAGINAL THRUSH

VERRUCA